

CV (Selected & Abbreviated) for Faculty Senate Review: 3/4- 3/11/2024

Kathleen J. Young, Ph.D., M.P.H., M.S.

Professor | School HE Coordinator

Fulbright AY 2014-2015/Zhejiang University, School of Medicine, Hangzhou, China

CSUN Research Infrastructure Minority Institute Tiered Mentor Scholar AY 2012-2013

MPH & Public Health Education Programs/Department of Health Sciences

College of Health and Human Development (HHD)

California State University, Northridge/18111 Nordhoff Street

Northridge, CA 91330

Professor, Department of Health Sciences

Public Health Education/MPH Programs

HE Undergraduate Program Coordinator (May 2006-August 2007; June 2008-2009; Graduate

Coordinator May 2009-January 2010 (Interim Sabbatical for faculty member; and COUGH-

Northridge Coordinator 2008-2015). **Department of Education School Health Coordinator:**

2020-present. College of Health and Human Development California State University,

Northridge, August 2003-present:

- **I have taught 19 different courses (11 undergraduate and 8 graduate courses) in the Department of Health Sciences & Public Health Programs (undergraduate, graduate (state side and Tseng College) (2003-present).**
- **Developed 2 graduate courses: Introduction to Health Policy (2010) & CSUN-RIMI funded course Global Women's Health.**
- **Developed numerous (undergraduate and graduate) hybrid and online courses (prior to the 2020 Pandemic).**

Research (Selected & Abbreviated- 2014-present):

Contributions to the Field of Study:

The focus of my research and scholarship concerns three primary areas: women's health (women's health issues in primary prevention strategies and health inequities) tobacco control, and culture competence in health education and health promotion. My publications, professional presentations, invited lectures (domestic and internationally) and grants are in support of these foci areas. Please see below:

- Publications (since 2014-present).
- I have peer-reviewed abstracts accepted at the **Seventh (7th) International Working Group World Conference on Women and Sport, Gaborone, Botswana (2 total)** and at the **8th International Working Group World Conference on Women and Sport, Auckland, New Zealand (2 total)**; A total of **39** since my hire at CSUN in 2003. I have presented at **9** formally invited educational functions, which also includes **7 international** convocations (in China 2015) for a total of **40** since my hire at CSUN in 2003. This has been a productive and rewarding process for me both personally and professionally. I bring as much of my research work into the classroom as I can (appropriately) and have hired many students as research assistants to mentor and guide.

- In 2017, I was invited to be a part of the **Women's Health Academy, Washington D.C.-MEDICC Women's Health Delegation to Havana, Cuba.**
- **After receiving the Fulbright Scholar Grant (2015), In 2017, I was awarded with a sabbatical for spring 2018. I was the co-collaborator in the development (2016-2018) of the USA-Botswana Comprehensive Breast Health and Breast Cancer Screening Program Collaborative that was implemented at Bokamoso Private Hospital, Gaborone, Botswana (May, 2018).**
 - **The team trained approximately 100 physicians and healthcare professionals (MD's/RN's, MD and Nursing students, and allied health professionals) from locations throughout Botswana.**
 - **I was the director and project manager of the USA-Botswana Comprehensive Breast Health and Breast Cancer Screening Program Collaborative. The international collaborative was self-supported with \$150,000 in-kind services and donations.**
 - **Currently, working on 3 international breast health and breast cancer screening programs 2024-present).**

PUBLICATIONS (Peer-reviewed) .

Mingyuan, S., **Young, K.**, Ying, L., Yeyuan, Z., Jiale, W., & Jiang, S. (submitted, 2023). The influence of widowhood and social engagement on cognitive impairment among Chinese older adults: mediation relations explored. Manuscript submitted for publication to the Journal of Gerontology.

Zhu, W., Lin, H., Zhang, J., Sheng, M., **Young, K.**, Zheng, P., & Jiang, S. (2022). Real-world association of self-reported sleep duration and quality with falls among older adults: A representative nationwide study of China, *Sleep Medicine*, Volume 100, 2022, 212-218, ISSN 1389-9457, <https://doi.org/10.1016/j.sleep.2022.08.019>.

Ye, T., Feng, J., Zhang, Y., Wang, M., Chen, M., Wu, D., **Young, K.**, & Jiang, S. (2022). Family influences on older adults problem drinking: A representative nationwide study of China. *Frontiers in Public Health*, section Aging and Public Health. Volume 10. 1-8. <https://doi.org/10.3389/fpubh.2022.850931>

Yang, T., Lingwei, Y., Bottorff, J., Wu, D., Jiang, S., Peng, S., & **Young, K.** (2015). Global health professions student survey (GHPSS) in tobacco control in China. *Journal of Health Behavior*, 39(5), 732-741.

Yang, T. Chengjian, C., Cottrell, R., Wu, D., Lingwei, Y., Haoxiang, L., Jiang, S., & **Young, K.** (2015) Second hand smoke exposure in public venues and mental disorder: a representative nationwide study. *Tobacco Induced Diseases* 13(8), 1-8.

Book Chapters:

Auld, E., Young, K., & Perkios, M. (2019). *Professionalism in Community Health Education* In Bensley & Brookins-Fisher (4th Ed.) *Community Health Education: A Practical Guide*. Jones & Bartlett Publishers, Sudbury, MA.

PUBLICATION REPORTS (Non-peer reviewed).

President Harrison's Report: California State University, Northridge Smoke-Free Policy Proposal Report (2014). CSUN BASC (Becoming a Smoke Free Campus Task Force Committee). Submitted to President Harrison.

- President Harrison Appointed Taskforce and Report.

CONFERENCE PRESENTATIONS (Peer-Reviewed).

Young, K. and Zaparinuk, B. (2022, November). *A Clinical Breast Examination Training*. Eighth (8th) International Working Group World Conference on Women and Sport, Auckland, New Zealand.

Young, K., and Zaparinuk, B. (2022, November). *Breast Health: Removing Panic During a Pandemic*. Eighth (8th) International Working Group World Conference on Women and Sport, Auckland, New Zealand.

Young, K., Wright, D., Zaparinuk, B. (2018, May). *A Clinical Breast Examination Training*. Seventh (7th) International Working Group World Conference on Women and Sport, Gaborone, Botswana.

Young, K., Wright, D., Zaparinuk, B. (accepted, 2018, May). *The importance of nutrition and physical activity in a comprehensive breast health breast cancer screening and wellness prevention education pilot program collaborative*. Seventh (7th) International Working Group World Conference on Women and Sport, Gaborone, Botswana.

SERVICES TO THE ACADEMIC COMMUNITY:

University Service:

Member, CSUN Faculty Senate, 2022-present, 2019-2017, 2016-2014, 2014-2012 (elected).

Member, ACT Now, 2020-present.

<https://www.csun.edu/undergraduate-studies/community-engagement/csun-act-now-can>

Member, CSUN-American University of Armenia Affiliation Steering Committee, 2018-2020.

Member, CSUN Educational Equity Committee, 2015-2017 (elected).

Member, CSUN Smoke Free Steering Committee, 2015-2017 (appointed).

Faculty Advisor, CSUN-Campuses Organized and United in Good Health 2008-2015.

Member, President Harrison's CSUN BASC Smoke Free Taskforce, 2013-2014.

Member, CIELO Advisory Committee, 2012-2013.

Co-Chair, Roberta Madison Memorial Service Committee, 2013-2014.

Chair, Tseng College Master's Public Policy Advisory Board, 2012-2013.

Member, CSUN Visionary Community Service-Learning Awards Committee, 2008-2009.

Member, CSUN Women's Studies Advisory Board, 2005-2011.

Member, CSUN New Faculty Orientation Committee, 2004-2005.

College of Health and Human Development (HHD):

Member, HHD Strategic Pillar's Initiative Committee, 2019-present.

- Member, HHD Faculty Mentor's Program, 2019-present.

Member, HHD College Personnel Committee, 2016-2018 (elected).

Co-Chair, HHD Food, Nutrition, and Public Health Policy Summit Planning Committee, 2013-2014.

Member, HHD Sustainability Committee, 2009-2011.

Member, Faculty Learning Community for Latin Student Development Title V Grant, 2011-2012.

Chair, HHD Service-Learning Committee, 2008-2009.

Member, HHD Mentor's Committee, 2005.

Member, CSUN Teachers for a New Era Blended Residency/Master's Degree Program Committee, 2004-2005.

Member, College of HHD Emeritus Reception Committee, 2003-2004.

Marshall, 2003-2004 College of HHD Commencement Committee.

Health Sciences Department:

Chair, HSCI Textbook Committee, 2022-2022.

Chair, HSCI Summer/Winter School Policy Committee, 2022-2023.

Chair, HSCI Three-year Review Committee, 2020-2021 (elected).

Chair, HSCI Sabbatical Review Committee, 2019 (elected).

Member, HSCI Department Chair Search Committee 2019 (elected)

Member, By-Laws Committee, 2015-present.

Member, HSCI Collegiality Committee, 2016-present.

- Chair, 2021-2022.

Member, HSCI Scholarship Committee, 2015-2020.

Member, HSCI Personnel Committee, 2015-2016 (elected).

Chair, HSCI Curriculum Committee: 2013-2014.

- Member, HSCI Curriculum Committee, 2012-2013.

- Member, HSCI Curriculum Committee, 2010-2011.

Chair, HSCI Curriculum Adhoc Committee, 2012-2013.

Chair, HSCI Faculty Evaluation Committee, 2013-2014.

- Member, Wilson's Instrument Review Committee, 2004-2005.

Member, HSCI Radiologic Search Committee: 2013-2014.

Co-chair, HSCI Governance Committee, 2010-2012.

Member, HSCI Technology Committee, 2012-2013.

Member, Health Education/MPH Search Committee, 2007-2008.

Member, Nursing Search Committee, 2005-2006.

Member, Social Committee, 2003-2006.

Master's in Public Health and Public Health Education Program:

Member, Tseng Research Funding Committee, 2023-present.

Member, Health Education Scholarship Committee, 2004-2017.

Member, Master's in Public Health Advisory Committee, 2015-2017.

Member, CSUN MPH Accreditation Committee, 2017-2019, 2011-2013, 2004-2005.

Member, CSUN MPH Comprehensive Examination Committee, 2003-present.

Member, CSUN MPH TQE Committee, 2003-2015.

Member, CSUN Masters of Public Health (MPH) Admissions Committee, 2006-2011; 2022-present.

Chair, Health Education (Student) Research Committee, 2010-2012.

Co-chair, CSU System-Wide MPH Program Collaborative Committee, 2008-2010.

Interim MPH Graduate Coordinator, (May 2009-January 2010).

Undergraduate Health Education Program Coordinator, May 2006-August 2007; June 2008-2009.

Coordinator, MPH Student Association "Topics & Issues in Public Health Brown Bag Lecture Series", 2004-2011.

Faculty Advisor, Eta Sigma Gamma National Honor Society, 2009-2013

Co-Faculty Advisor Master's in Public Health Student Association, 2009-2011.

Member, CSUN MPH Advisory Council for Continuation Education, 2004-2007.

COMMUNITY SERVICE:

June 2012-present:

Board of Directors Vision of Health Inc. Los Angeles, CA.

- **Co-Chair (Elected position), Grants Committee 2012-2017.**
- **Board Member (Elected position)**
 - **2012-present.**

May 2012-2015:

The Diaspora Health Literacy Advocacy Team and Global Collaborators for Africa (DHLAT).

- **DHLAT is a NGO of Professionals who are interested in consultancy to provide long-term solutions to the problem of low health literacy in Sub-Saharan Africa through Solution-Based Approach for the inclusion of Health Education and Health Promotion as a distinct subject in School Curricula from K-12th grade within the framework of culturally appropriate and content sensitive Africa Model of Comprehensive School Health Education Curriculum (AM-CSHEC).**
 - **Committee member: 2012-2015.**

June 2006-2015:

Los Angeles Tobacco Control Coalition Los Angeles, CA.

- **Southern California CSU University Representative.**

January 2011-2013:

California Youth Advocacy Network Advocacy

Summit, Sacramento.

- Faculty Representative: 2011-2013.

October 2004-2011: Valley Care Community Consortium
San Fernando Valley Service Area
Burbank, CA.

- Consultant and Service Learning Coordinator.

June 2006-2013: Tarzana Treatment Center
Tarzana, CA.

- Service Learning Coordinator.

June 2005-2007: Valley Trauma Center
Van Nuys, CA.

- Consultant.
- Service Learning Coordinator.

January 1999-present: "Excellence in Health Promotion and Science", and "Excellence in Computer Science." Mercy High School Scholarship Founder.

November 1989-1998: Women's Cancer Resource Center, Oakland, CA. Peer Referral Committee.

August 1999-2003: University of New Mexico HED Graduate Organization, Vice President. August 1999-2002.

December 1995-1996: San Francisco AIDS Foundation. Third Annual California AIDS Ride: SF-LA. Fundraiser.

March 1991-1998: American Cancer Society, San Mateo, CA. Acting Chairperson for the San Mateo ACS Annual Awards Event and a co-chair of ACS Great America Smoke-out, Making Strides Against Cancer, and Daffodil Days for Cancer, and BSE facilitator.

May 1994-1998: California Alliance Health Physical Education Recreation Dance. Bay-District V.Pres. Health Education.

September 1989-1998: Castilleja School, Palo Alto, CA. S.E.E.D: Seeking Educational Equity and Diversity. A national project regarding multicultural and gender-fair inclusion of culturally sensitive curriculum and teaching methodology.

PROFESSIONAL MEMBERSHIPS

Fulbright Association, 1900 L Street N.W., Suite 302, Washington, D.C. 20036 USA.

- **Lifetime Member Status 2015-present.**

Fulbright Association, Greater Los Angeles Chapter, Los Angeles, CA.

- **Active member, 2015-present.**

American Public Health Association (APHA), 2001-present.

Society for Public Health Educator's (SOPHE), Washington D.C. 2019-present; 2011-2016.

Academy of Women's Health, Washington D.C. 2015-2017.

American Alliance for Health, Physical Education, Recreation, & Dance (AAHPERD), 1991-2013.

Professional Association Service:

American Association of Health Education (AAHE), 1990-2013.

- Please Note: AAHE merged with SOPHE Professional Association in 2013.
- Co-Chair, AAHE Advocacy Committee, 2011-2013.
- AAHE Board of Directors, 2008-2011.
 - Three-year national service term.
- Member, AAHE Executive Council, 2009-2011.
 - Liaison, Board of Director's Liaison to the AAHE Advocacy Committee, 2008-2011.
- Member, Research Council Committee, 2006-2012.
- AAHE Board of Directors Nomination, 2006.
- AAHE Board of Directors Nomination, 2007.
- AAHE Membership Committee, 2004-2006.

Society for Public Health Educator's, Washington, D.C.

- **Member, SOPHE Advocacy Committee, 2011-present.**
- Health Education Advocacy Leadership Committee 2011-2013.
 - California State Co-Captain for Health Education Advocacy Summit, 2011-2013.

MEDIA

"Women and the Importance of Competent Health Consumership" Invited Spring Radio Appearance, KCSN-Radio, Northridge, CA, fall, 2012.

"Making Strides Against Cancer." On the air interview, KSOL-Radio, San Francisco, California, July 26, 1991.

"Making Strides Against Cancer: The Noah Griffith Show." On the air interview, KSFO-Radio, San Francisco, California, July 29, 1991.

"Past Makes Them Accentuate the Positive." (Profile) San Mateo Times, August 1, 1991.

AWARDS

California State University, Northridge, Distinguished Faculty Award (Nomination), March, 2017.

California State University, President Jolene Koester Team Award Nominee:

- **Dr. Kathleen Young, member, Smoke-Free and Tobacco-Free CSUN Team: May, 2016.**

The Council for International Exchange of Scholars Institute of International Education (IIE) U.S. Department of State to the J. William Fulbright Scholar's Program, Washington D.C. (2015). Awarded. PI.

- **Fulbright Scholar Award: 2015.**

California State University, Northridge, Distinguished Faculty Award (Nomination), March, 2014.

Los Angeles City Council Leadership Award for the District 7 San Fernando Valley Tobacco Prevention and Control Program (June, 2013).

Los Angeles City Council Recognition Award (California State University) for the District 7 San Fernando Valley Tobacco Prevention and Control Program. (June, 2013).

National Institutes for Health (NIH) & California State University, Northridge Research Infrastructure in Minority Institution Scholars Program May 2012.

- **Faculty Scholar Recipient: 2012-2013.**

American Heart Association, Los Angeles, CA. Volunteer Champion, May, 2012.

California State University, Northridge, Distinguished Faculty Award (Nomination), March, 2012.

American Public Health/Alcohol Tobacco & Other Drugs (ATOD) National Section Award 2011:

- **College-Based Leadership Award: Kathleen J. Young/COUGH-Northridge, Northridge, California.**

The President's Higher Education Community Service Honor Roll with Distinction by the Corporation for the National and Community Service, Washington, D.C.

- **2010.**

Los Angeles City Council District 7 Appreciation Award for The San Fernando Valley Tobacco Control Project: The effectiveness of merchant education and citizen citations to combat illegal tobacco sales to youth (December, 2010).

California State University, Northridge, Distinguished Faculty Award "Visionary Community Service-Learning Award" **Awarded**, May 2007.

California State University, Northridge, University Visionary Community Service-Learning, Nomination, 2006.

University of New Mexico Teaching Assistant of the Year Nomination, May, 2002.

American Association of Health Education (AAHE) Delbert Oberteuffer National Scholarship, March, 2000.

University of New Mexico Teaching Assistant of the Year, **Awarded**, May, 2000.

University of New Mexico Outstanding Leadership Award, December, 1999.